

The Shackleton Programme 2008 / 2009

"Tom Sawyer and Huckleberry Finn go to Sweden"

Experiential Education for pupils of St. George's School Cologne

Concepts and programme by David Blackall





The Shackleton Way

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Autumn is in the air, and with it a new school year is underway at St. George's. Your children are receiving an excellent education at School. This is true not only because of the rigorous academics and excellent teachers, but also because the school believes in providing a rounded education for it's students. When we speak of a "rounded education", we mean not only challenging students academically, but also by

presenting them with outdoor-based activities that are designed to challenge and develop students, build individual confidence and team-work skills, while at the same time instilling respect for nature and one another.

The Shackleton programme, as many of you know, has been working with St. George's school to provide the above-mentioned portion of their curriculum to students for the last five years. It is our pleasure, and with great anticipation that we present the Shackleton program 2008/2009 to you; "Tom Sawyer and Huckleberry Finn go to Sweden". The culmination of the program will be the 9 day canoe trip in Värmland Sweden where students will arrive on a barren island, and will have learnt how to set up camp, make a latrine, organize a cooking, bathing, and wash-up area. All of these skills will ensure that after a full day of paddling, they will have safe, warm, dry, comfortable and enjoyable nights.

This year the weekly workshops will take place on Thursdays from 3:30 until 5pm. The programme will run from the 30th of October till the 2nd of July 2009. The costs will be 450,00 € this will include all external trips to the climbing hall, swimming hall, and bakery. The trips to Sweden and Manderscheid are not included. Details to follow later.

This letter is to let you all know that The Shackleton Programme is rearing to go, and that we have been planning all kinds of fun activities to teach the lessons mentioned above. The final expedition to Sweden is an open school trip, also open to non-members of the Shackleton Programme.



Yours sincerely,

David Blackall Ben Khoury



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Block One - 30 Oct 08 - 06 Nov 08 - 13 Nov 08 - 20 Nov 08 - 27 Nov 08 - 04 Dec 08	Welcome, ropes and climbing Welcome, presentation and getting to know each other Knots and lashings/ cooperation game: "river swing" Lashings, bows and arrows, stump shooting. Climbing Hall "Kletterfabrik Ehrenfeld" Climbing Hall "Kletterfabrik Ehrenfeld" Surprise Christmas Party
Block Two - 08 Jan 09 - 15 Jan 09 - 22 Jan 09 - 29 Jan 09 - 05 Feb 09 - 12 Feb 09	Food and fire Fire lighting, 1 match fires, stoves, and safety. Why water? Water purification/solar still. Cooking – bacon & eggs Cooking – groups competition Visit a bakery – making bread What should we eat? Nutrition, introduction to wild edibles.
Half Term Trip - 16-20 Feb 09	Manderscheid "Jugendhüttendorf" Details follow
Block Three - 26 Feb 09 - 05 Mar 09 - 12 Mar 09 - 19 Mar 09 - 26 Mar 09	Shelters - staying warm and dry Tarpaulins. Introduction to shelter building. Tents Biwaks. Biwaks. Watch the squirrels. (natural material shelters) Building competition
Block Four - 23 Apr 09 - 30 Apr 09 - 07 May 09 - 14 May 09	Maps and compass Maps. "Follow the signs" awareness walk Map making Compasses Rally
Block Five - 04 Jun 09 - 18 Jun 09 - 25 Jun 09 - 02 Jul 09	Swimming and Water Safety (visit to pool) How to stay afloat (details to follow) Swimming, safety, and rescue. (details to follow) Getting ready for Sweden – clothing and equipment
	Final check

- 10-18 Jul 09

Details follow



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	Registration Form (Please use block letters)	
Name of child		_
Date of birth		-
Name of parent		
Cloths size (German)		-
Address		-
		-
Telephone Numbers	German Net	
	Mobil	
E-Post		-

Please send to:

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or give to me or Miss N Cowell, Head of the Lower School.